



**Thousands of villagers in rural Norfolk** can look forward to new opportunities to play sport on their doorstep after an innovative project was awarded £577,701 of National Lottery funding by Sport England.

**Norfolk Village Games** secured the investment from the £10 million Rural Communities fund, which was launched after Sport England research revealed that two thirds of the local authorities with the lowest sports participation rates are in rural areas.

**Norfolk Village Games** offer fun but competitive opportunities for rural communities to access sport. Now is your chance to prove your village is the best in Norfolk by entering on behalf of your local community.

#### **Brief Rules**

1. Three sections of competition, one for small villages/parishes (electoral role pop. 1250 or under); one for medium villages/parishes (electoral role pop. 1251- 4250); one for market towns/larger villages (electoral role pop. 4251 or over)
2. Up to 4 adjoining villages/parishes may join together to form a team
3. Each village team must be selected from those who reside within the village or parish (second home owners are allowed)
4. A person may compete in more than one sport although we encourage a variety of participants to get involved as events may clash.
5. Senior competition means over 16 years and junior competition means under 16 years and over 8 years unless otherwise stated.
6. Villages may enter the event with as many or as few team entries as they wish i.e. they may enter just one event or any number up to the full nine.
7. Medals will be awarded to the winners of each sporting event, a points system will be in place to decide the overall winning villages.



## Sports Rules

**Archery** – Senior and junior competitions. Up to 4 adults and 2 juniors may enter.

**Badminton** – Senior and junior mixed double competitions. 1 junior team (aged 11-15) and up to 2 adult teams. Juniors of 11 years and older can play in the adult competition.

**Netball** – Senior and junior (aged 11-15) competitions. Teams consist of 7 players and up to 5 substitutes.

**Rounders** – Mixed teams. A minimum of 9 players 3 of which must be aged under 16.

**Short Mat Bowls** – Mixed teams of up to 3. Max 2 teams per village. 9 years and over.

**Table Tennis** – Senior (16+) and junior (11-15) single competitions. Up to 2 adults and 2 juniors per village may compete.

**Tennis** – Senior Mixed Doubles. Up to 2 teams per village.

**Tug of War** – Mixed competition. Min teams of 8 with 4 male and 4 female.

**Five-a-side Football** – Male senior competition. Teams of up to 7.

## Entry

Deadline for receipt of entries is Thursday 19<sup>th</sup> August 2010. So good forward planning is recommended. **Please ensure entries submitted are definite.** You will receive confirmation of entry and further details prior to the event. **Entry is FREE.**

## Event Timings

Programme of events will depend upon number of entries, the day is likely to run from 10am and conclude at 4pm with a presentation ceremony and press photographs. Further details available from Active Norfolk at:

[stephen.hulme@activenorfolk.org](mailto:stephen.hulme@activenorfolk.org) or 07901 588270 (North Norfolk and Broadland)

[laura.avenal@activenorfolk.org](mailto:laura.avenal@activenorfolk.org) or 07795 291256 (South Norfolk and Great Yarmouth)

[amy.East@activenorfolk.org](mailto:amy.East@activenorfolk.org) 07795 301526 (West Norfolk and Breckland)